



Jewish Milestones
Authentic. Accessible. Meaningful Jewish Lifecycle Rituals



Bay Area
**Jewish Healing
Center**

REST. REFLECT. RENEW. REJUVENATE!

Mindfulness, Milestones, and Meaning

A Retreat for Jewish Healthcare Professionals in Marin County

FOR JEWISH THERAPISTS, NURSES, SOCIAL WORKERS, DOCTORS AND OTHER HEALTHCARE PROVIDERS



Enjoy a day of quiet reflection, learning, walking a labyrinth,
great food, and connecting with others!

Workshops include:

Jewish teachings of self-care · Jewish spirituality through a healing lens
Music for healing · Guided imagery
Movement and dance · Guided reflective journaling



Sunday, April 25, 2010 · 11:00 am – 5:00 pm
at the San Francisco Theological Seminary, San Anselmo

RETREAT FEE: \$50 · CEUs AVAILABLE FOR \$36 ADDITIONAL FEE

Attendance is limited. Sign up early to reserve your space!

Contact: Julie Batz, Director of Programs, Jewish Milestones
510.559.3636 · Julie@JewishMilestones.org

FOR SITE, CEU, REGISTRATION AND PAYMENT INFORMATION »»

Mindfulness, Milestones, and Meaning

A Retreat for Jewish Healthcare Professionals in Marin County

CEU CREDITS

This retreat qualifies for CEU credits for MFTs, LCSWs, and RNs licensed in the state of California. A Certificate of Attendance will be mailed after the event. For those who request CEUs, we require a \$36 payment (in addition to the retreat fee) in full at the beginning of the retreat, completion of sign-in sheets, and evaluations.

LEARNING OBJECTIVES:

- Participants will identify ways their self-care impacts their professional capacity
- Participants will gain insight into how spirituality and healing influence their practice
- Participants will develop self-reflective tools to identify their self-care needs

CE PROVIDER: Institute on Aging, Provider Number PCE 2079. Course meets the qualifications for 4.5 hours of continuing education for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. CE Provider: Institute on Aging, Provider approved by the California Board of Registered Nursing, Provider Number CEP 13610 for 4.5 contact hours.

FOR MORE INFORMATION ABOUT CEUs, CONTACT:

Pamela Brown, Program Coordinator
Bay Area Jewish Healing Center
415.750.3436 or pbrown@ioaging.org

LOCATION

San Francisco Theological Seminary is located off of Sir Francis Drake Boulevard in San Anselmo. We will be meeting in Geneva Hall 100.

For directions and parking information, visit:
www.sfts.edu/about/campusNC_directions.asp

RSVP & MORE INFO

Julie Batz, Director of Programs
Jewish Milestones
510.559.3636
Julie@JewishMilestones.org

ABOUT THE PRESENTERS

This retreat is presented by Jewish Milestones and the Bay Area Jewish Healing Center. For more information about our organizations, please visit our websites:

- » www.JewishMilestones.org
- » www.JewishHealingCenter.org

We are grateful for the support of the Marin Regional Council of the Jewish Community Federation (JCF) of San Francisco, the Peninsula, Marin and Sonoma Counties. The Bay Area Jewish Healing Center is a beneficiary of JCF. For more information about JCF, please visit www.sfjcf.org.

registration

Non-Refundable Retreat Fee Payment-in-Full of \$50 enclosed
Please make check payable to: Jewish Milestones

Will you be requesting CEUs for participation in the retreat? YES* NO

*An additional **\$36 CEU fee** will be collected by the Bay Area Jewish Healing Center at the beginning of the retreat (cash or check only); sign-in and evaluation required

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP : _____

PHONE: _____

EMAIL: _____

Please mail your registration form and check to: Jewish Milestones, 748 Gilman Street, Berkeley, CA 94710